

Presbyterian Church 55 Smith Street E. Stroudsburg, PA 18301 570-421-5821 espresbyterian@gmail.com

August 2019

Nicki's News

Dear Friends,

Summertime is in full swing, and WOW! has this been busy summer for me, especially the last three weeks. As I reflect on summer and these past few weeks, the word *sabbath* comes to mind. The word sabbath comes from the Hebrew *shabbath*, meaning rest. In the Old Testament we see the importance of not only a rest day, but to dedicate our rest time as a time to worship and refocus ourselves on God. In today's world it is almost impossible to have a complete day of rest and worship of God. To do so would mean separating oneself from society, as some Christians have chosen to do.

I have often thought of how I can follow Christ's example in setting time aside for Sabbath in today's world. In my prayer and discernment time, God reminded me of Mark 2:27 where Jesus says... "The sabbath was made for humankind, and not humankind for the sabbath". The point of God's command for sabbath is for us to regenerate, rejuvenate and find our identity in God again. So, to do that today means sometimes taking vacations, finding a few hours here or there like Jesus did, or by any other means that offers rest to our body and souls. It means we need take time for ourselves, take vacations if possible, maybe even staycations, but most importantly, we are to remember to use these times of rest to reconnect with God

For some, reconnecting means recognizing God in nature, on long walks, in times of quiet prayer, the people we encounter and even in the time we enjoy spending with those dear to us. May we view these sabbath opportunities as a way to reconnect to God and thank Jesus for the many ways He reveals himself to us, drawing us ever near to Him. Remember sabbath is for humans, not humans for the sabbath. So, let us make sure to take time to rest and reconnect to God.

Blessings,

Pastor Nicki

Nexus Sponsor

This issue of the Nexus is being sponsored **anonymously.** If you are interested in sponsoring a future Nexus issue, please call Jen in the church office at 570-421-5821. The cost is \$35.00.

Women's Circle

The Women's Circle will **not** meet during the summer months. They will convene again in September.

Men's Lunch

The Men's Lunch group will **not** meet during the summer months. Discussion will take place on when and if they will restart in the fall.

Anniversaries

Those celebrating an anniversary in **August** are: **Tim and Lisa Swanson**

David and Rachael Heath Quentin and Charlotte Currie Pete and Crista Varrica Mark and Wendy Lichty



Notify Church Office

If you are planning on leaving a vehicle here in the church parking lot for any period of time, please notify the church office so we are aware of what is going on.

Emergency Contacts

We would like to have an emergency contact for each member or family here at ESPC. In September we will be putting inserts in the bulletins. Please make sure you fill it out and return it to us. This will help us keep tabs on everyone and know who to contact if we can't reach you.

Birthdays

Those celebrating birthdays in August are:

Sandy Rydell, Amanda Bongiovanni, Lisa Menio, Caius Demerest, Wendy Emery, Jean Warner, MaryAnne Emery, Sonya Cole, Ben Delaney, Lucas Swanson, Connie Powell, Rachael Heath, Theresa Lawrence, Karen Padgett and Bonnie Miller

Treasurer and Stewardship Report <u>Through June 30, 2019</u>

Income: Expenses:	\$116,357.52 \$126,936.16
Net	\$-10,578.64
Year-to-Date Giving:	
Pledge Giving:	\$ 70,391.00
Non-Pledge Giving:	\$ 4,156.00



Community Opportunities

We received a thank you note from Tammy Graeber of *The Garden of Giving* thanking us for having her speak on behalf of her organization last month. *The Garden of Giving* continues to advance its mission of providing fresh quality eggs and vegetables to help nourish those in need. If anyone is interested in donating or volunteering for this group, please call 570-402-1282.

The First Presbyterian Church in Stroudsburg is having their annual **Chicken Pot Pie sale**. The 9" pies sell for \$10.00 each. Orders are due in by September 22nd and will be ready for pick up on September 28th. Please see the flyer on the bulletin board in the narthex.



The flamingos are here... Will you be the next to be infested?

The ESPC Youth Group will begin allowing the flamingo infestations starting August 1st. If you still would like to purchase flamingo insurance, you can do so at any time. This insurance would prevent you from a flamingo infestation. However, if you choose not to, you may wake up one day and find the flamingos all over your yard and a sign with a number to call to remove them for a fee. Let's see who will be the first to receive a flamingo infestation on their yard...Will it be you?

Family Promise

FAMILY PROMISE VOLUNTEER TRAINING

Have you considered volunteering to help with Family Promise but are not sure what is involved? Family Promise will be holding a training session for prospective volunteers or for anyone wishing a refresher. It is scheduled for 6:00 p.m. on September 13th at the Greater Shiloh Baptist Church, 831 Ann Street in Stroudsburg. To inquire or register, please call the Family Promise office at 570-420-8589.

Our congregation is scheduled to help ESUMC as they host Family Promise guests for the week beginning August 11th. If you would like to help with a meal or with hosting for this ministry which helps homeless children and their families, please contact Ellie Buff at 570-424-0820.

Flower Sponsor?

Someone signed up to sponsor the flowers on September 1st, but did not leave their name. If that was you, please call Jen in the church office and let her know. Thanks!



Mark your calendars for Saturday, August 17th for the return of the Trinity Centennial Band to our Ice Cream Social!! There will be plenty of ice cream and all the trimmings. Join us for wonderful music and fellowship. Hope to see you all there. Don't forget to bring your lawn chairs or blankets and invite all your friends and family!! The band starts at 6:30 p.m.

Nexus Deadline

The Nexus deadline for the September issue is Monday, August 26th.

Nexus Staff

Pastor:	Nicole Vogel
Editor:	Jen Carmella

Contributing Editors: Ellie Buff, Bonnie Miller

August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4 Worship, 10:00 am Fellowship Hour, 11:15 Finance Meeting, 11:15	5	6	7	8	9	10
11 Worship, 10:00 am Fellowship Hour, 11:15 Session meeting, 11:15	12	13	14	15	16	17 Ice Cream Social and the Trinity Centennial Band
18 Worship, 10:00 am Fellowship Hour, 11:15	19	20	21	22	23	24
25 Worship, 10:00 am Choir Performs Deacon Coffee Hour, 11:15	26 Nexus Deadline	27	28	29	30	31